

# DEBRA M. SELLERS, Ph.D.

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## Positions (Selected)

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**2023 (Feb. 1) – 2025 (Dec. 15 – RETIRED). Inaugural Associate Dean for Academic Personnel**, College of Health and Human Sciences, Iowa State University, Ames, IA.

- 75% administration and 25% education in aging and disability (ISU Extension and Outreach).

### *Primary Duties*

- Create a vision and provide strategic leadership for the college's personnel ("people") enterprise in partnership with the departments, school, and other administrative units.
- Create, implement, and evaluate strategies, offerings, programs, courses, resources, standards, and processes for all personnel, with an emphasis on facilitating positive local cultures within units and across the college.
- Direct and facilitate personnel processes and policies related to human resources (e.g., recruitment, hiring, retention, professional development, awards and honors, assessment of performance, action plans, promotion and tenure, leaves of absence, modification of duties, classification, and compensation reviews).
- Build and cultivate the partnership with the Office of the Senior Vice President and Provost to ensure support of college decisions and initiatives.
- Serve as the representative of the dean and act on behalf of the dean in matters related to personnel affairs of the college.
- Create, implement, and evaluate educational offerings, programs, courses, and resources related to aging and disability within the college and cooperative extension system.

### *Key Accomplishments*

- Created teams of people (supervisors' community of practice and department chair sub-committee) and recruited/re-energized others (awareness, belonging and community committee; faculty peer mentors; faculty success advisor) to drive change related to creating and cultivating positive local culture in units and across the college.
- Managed the human resources personnel enterprise in partnership with college leaders while emphasizing risk management, best practices, financial consequences, and the importance of measures and strategies supporting the prevention of personnel concerns.
- Led the dean's cabinet in a systematic review of position requirements for faculty using the American Council on Education's® "Equity-Minded Faculty Workloads" materials.
- Engaged with various college committees through reviews of processes and provision of education to members to decrease bias and increase diversity as appropriate for their specific roles and responsibilities.
- Launched the My Wellbeing program, designed for adults with intellectual and developmental disabilities, in January 2024. Sixteen series are completed, reaching 175 participants.

**2024 (July – Sept.) Interim Associate Dean and Director**, College of Health and Human Sciences and Human Sciences Extension and Outreach, Iowa State University Extension and Outreach, Ames, IA.

- Re-assumed all responsibilities during a critical transition period for the unit.
- Maintained responsibilities as Associate Dean for Academic Personnel, Professor, and Extension State Specialist while also operating as Associate Dean and Director for Human Sciences Extension and Outreach.

- Provided leadership and support for Human Sciences Extension and Outreach faculty and staff and for the overall functioning of the unit.
- Proactively addressed personnel issues within the unit.
- Completed the annual evaluation process for staff and faculty.
- Facilitated engagement in the Iowa Disaster Recovery effort.

**2013 – 2023. Associate Dean and Director,** College of Human Sciences and Human Sciences Extension and Outreach, Iowa State University, Ames, IA.

- 100% administration; duties temporarily modified July 1, 2016 – December 31, 2016, to 20% administration, 70% Extension education, and 10% service.

#### **Primary Duties**

- Contribute to the strategic plans of the College of Human Sciences, Iowa State University Extension and Outreach, and Iowa State University through the creation and implementation of an innovative unit-level vision and aspirational metrics.
- Demonstrate success through attainment of goals and objectives.
- Cultivate constructive, collegial relationships with diverse internal stakeholders across the college and university and external partners and funders across the state and nation.
- Collaboratively lead more than 100 faculty and staff on campus and across Iowa and provide leadership for all aspects of the human resources enterprise (including ~20 direct reports and faculty). Engage in ongoing, concise communications and strategies to elevate awareness of critical issues and to support a sense of belonging for employees.
- Provide responsible and ethical management of a \$9M budget, including federal and state funding, grants and contracts, and revenue generation. Pursue opportunities for growth through grant writing, fundraising, and fee-for-service.

#### **Key Accomplishments**

- Created a strategic vision and implemented the development and continuous nurturing of a supportive, collaborative culture through application of a personal leadership philosophy which includes the principles of authenticity, trust, inspiration, shared decision-making, and expectation of performance.
- Articulated and implemented a culture of change and agile responsiveness, resulting in a model of integrated instruction, research, and community engagement with a focus on reaching audiences historically excluded from access to educational opportunities.
- Designed and executed a resource management project and reorganized statewide fee and service models to ensure access for all and instructional excellence in online, virtual, and in-person education with an emphasis on interdisciplinary teamwork.
- Created a financially secure unit through efficient and progressive management methods while increasing the number of faculty, staff, and student workers.

**2020. (April – September). Acting Vice President,** Iowa State University Extension and Outreach, Iowa State University, Ames, IA.

- Provided data-driven leadership during the global pandemic, including creation and management of *Open for Iowa*, a system-wide committee responsible for the safety of faculty, staff, and participants, and COVID-19 Recovery and Virtual Education Task Forces.

- Led the daily management of ISU Extension and Outreach with a focus on maintaining the mission of providing highly relevant, engaging educational offerings, courses, programs, and resources virtually and in-person, while adhering to pedagogical and public safety best practices.
- Supported the work of more than 1,000 employees and engaged in operational decision-making and implementation of initiatives, including a system-wide reorganization.
- Provided leadership and decision-making related to personnel issues, with a focus on risk and change management, and proactive processes to communicate the value of employees' contributions to the organization and institutional concern for their wellbeing.

**2020. (August – September). Interim Senior Director**, Iowa State University Extension and Outreach, Ames, IA.

- Operated as Interim Senior Director and Acting Vice President concurrently.
- Assumed supervision of employees and system-wide projects and committee memberships.

**2019. Professor**, Department of Human Development and Family Studies, Iowa State University, Ames, IA.

**2013 – 2019. Associate Professor**, Department of Human Development and Family Studies, Iowa State University, Ames, IA.

**2011 – 2013. Associate Professor and Extension Specialist**, School of Family Studies and Human Services, Kansas State University, Manhattan, KS.

**2011 – 2012. State Program Leader**, K-State Research and Extension Family Studies and Human Services, Kansas State University, Manhattan, KS.

**2006 – 2011. Assistant Professor and Extension Specialist**, School of Family Studies and Human Services, Kansas State University, Manhattan, KS.

**2004 – 2006. Instructor**, Department of Human Development and Family Studies, Oregon State University-Cascades, Bend, OR. Courses taught:

- HDFS 314: Adult Development and Aging
- HDFS 360: Critical Thinking
- HDFS 410: Practicum Experience in Human Services/Gerontology
- HDFS 462: Professional Helping Skills
- HDFS 465: Mental Health in Later Life
- HDFS 465: Alternative Interventions/Animal Assisted Therapy
- SOC 432: Sociology of Aging

**2005. Adjunct Instructor**, School of Family Studies and Human Services, Kansas State University, Manhattan KS. Course taught:

- FSHS 700: Alternative Interventions/Animal Assisted Therapy

**2002 – 2004. Rehabilitation Staff Member**, Council Grove Health Care Center, Council Grove, KS.

**2003. Adjunct Instructor**, School of Family Studies and Human Services, Kansas State University, Manhattan, KS. Course taught:

- FSHS 510: Human Development and Aging

**2001 – 2003. Life Enhancement Specialist**, Meadowlark Hills Retirement Community, Manhattan, KS.

**1999 – 2001. Public Relations Coordinator and Director of the Assistive Technology and Resource Center**, TARC, Topeka, KS.

**1993 – 1998. Director of Rehabilitation and Corporate Therapeutic Recreation Consultant**, Beverly Enterprises, Fort Smith, AR (KS).

**1991 – 1993. Director of Social Services and Director of Activities**, Putnam Memorial Nursing Home, Palatka, FL.

**1990 – 1991. Assistant Academic Dean/Assistant Director of High School Admissions/Instructor**, Phillips Junior College, Daytona Beach, FL. Courses taught:

- Public Speaking
- Time Management

**1989 – 1990. Outreach Coordinator and Case Manager**, Volusia County Council on Aging, Daytona Beach, FL.

## Education

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### Degrees

- 2004. Doctor of Philosophy, Kansas State University, Lifespan Human Development. Emphasis: Gerontology.
- 1996. Associate of Arts in Applied Sciences, Barton County Community College, Occupational Therapy Assistant.
- 1993. Master of Science in Recreational Studies, University of Florida, Therapeutic Recreation.
- 1988. Bachelor of Arts, University of Florida, English.

### Certifications (Current and Past)

- 2022 (Current). Certified in Public Health, National Board of Public Health Examiners, #19473.
- 2001. Care Assessor (State Assessment for Long Term Care), Kansas Department on Aging.
- 2000. Facility Dog Team, Canine Companions for Independence®.
- 1997. Occupational Therapy Assistant, National Board for Certification in Occupational Therapy, #1013212.
- 1996. Nursing Assistant, Kansas Department of Health and Environment.
- 1993. Therapeutic Recreation Specialist, National Council for Therapeutic Recreation, #23803.

### Areas of Interest

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- Adaptive living for older adults and adults with disabilities, with a focus on optimizing function.
- The effects of human-canine interactions on mutual health and well-being.
- The transformative process of educational networks to increase capacity, relevancy, and impact for the 21st century.

## Research and Creative Projects Funded

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### Extramural Competitive Grants

2023 – 2027. Co-Investigator; G. Welk & T. Radske-Suchan, Co-Principal Investigators. *Statewide Delivery of AAEBIs through a Community Hub Model: A Component A Project in Iowa*. Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention & Health Promotion. 5 Year Cooperative Agreement (\$1,125,000; annual funding of \$225,000 is contingent on progress toward objectives).

2022 – 2025. Co-Investigator with L. Chou, A. Phillips, P. Dixon, and Dorneich, M.; G. Welk, Principal Investigator. *Process and Outcome Evaluation of the Walk with Ease Program for Fall Prevention*. Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. 3-year Cooperative Agreement (\$1,050,000; annual funding of \$350,000 is contingent on progress toward objectives).

2017 – 2019. Co-Principal Investigator for Iowa with C. Hockaday. *A Multi-State Effort of Opioid Abuse Prevention Using SFP 10-14*. U.S. Department of Agriculture, National Institute of Food and Agriculture, Rural Health and Safety Education Competitive Grants Program. \$350,000/\$71,146 (Total, IA).

2014 – 2019. Principal Investigator for Iowa. *West Virginia University and Iowa State University Sustainable Community Project*. U.S. Department of Agriculture, National Institute of Food and Agriculture, Children, Youth and Families at Risk Competitive Grants Program. \$1,300,000/\$659,145 (Total, IA).

2011. Principal Investigator. *Natural Disasters...What about the Animals? Fall 2011 Human-Animal Bond Conference*. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. \$585.

2011. Principal Investigator. *Natural Disasters...What about the Animals? Fall 2011 Human-Animal Bond Conference*. eXtension Companion Animals Community of Practice. \$200.

2011. Co-Principal Investigator with S.D. Kirby. *The LiveAbility House Research Project*. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. \$500.

2010. Co-Principal Investigator with A.B. Crocker & S.D. Kirby. *SageStories*. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. \$1500.

2010. Co-Principal Investigator with J.M. Garcia. *Traumatic Brain Injury: Promoting Public Knowledge*. U.S. Department of Agriculture, National Institute of Food and Agriculture, Rural Health and Safety Education Competitive Grants Program. \$142,830.

2009. Chair/Subject Matter Expert in Adult Development and Aging. *Family Caregiving Leadership Funds, 2009-2010*. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. \$23,500.

2009. Principal Investigator. *eXtension Family Caregiving: Mastery of Aging Well*. Oregon State University. \$10,000.

2008. Investigator and Subject Matter Expert in Adult Development and Aging. *Family Caregiving and Health*. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. \$4,892.

2007. Investigator and Subject Matter Expert in Adult Development and Aging. *Family Caregiving and Health*. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. \$4,371.

#### **Extramural Contracts**

2021 – 2023. Project Director. *Human Sciences in Dallas County Extension and Outreach*. Dallas County Agricultural Extension District. \$82,438.

2020 – 2021. Project Director. *2020 Coronavirus COVID-19 Response*. United Way of Central Iowa. \$114,830.

2020 – 2021. Project Director. *Healthy Families Resources*. Iowa Department of Public Health. \$184,830.

2020 – 2021. Project Director. *Leadership for Wayne County Growing Strong Families*. Wayne County Agricultural District. \$4,856.

2020. Project Director. *2020 Coronavirus COVID-19 response*. United Way of Central Iowa. \$60,227.

2019 – 2021. Project Director. *Answerline Services for the University of Minnesota Extension*. University of Minnesota. \$63,078.

2019 – 2020. Project Director. *Healthy Families Resources*. Iowa Department of Public Health. \$175,308.

2019 – 2020. Project Director. *Leadership for Wayne County Growing Strong Families*. Wayne County Agricultural District. \$5,038.

2019. Project Director. *Federal Emergency Management Agency (FEMA) Flood Relief 2019*. Iowa Department of Human Services. \$38,679.

2018 – 2019. Project Director. *Healthy Families Resources*. Iowa Department of Public Health. \$182,430.

2018 - 2019. Project Director. *After-Hours Services for DHS Targeted Case Management*. Iowa Department of Human Services. \$18,722.

2018 – 2019. Project Director. *Leadership for Wayne County Growing Strong Families*. Wayne County Agricultural District. \$4,993.

2018. Project Director. *Funds of the Engaged Scholarship Funding Program*. Winnebago County Agricultural Extension District. \$16,596.

2017 – 2019. Project Director. *Answerline Services for the University of Minnesota Extension*. University of Minnesota. \$63,078.

2017 – 2019. Project Director. *Answerline Services for South Dakota Extension Clients*. South Dakota State University. \$34,483.

2017 – 2018. Project Director. *Leadership for Wayne County Growing Strong Families*. Wayne County Agricultural District. \$5,081.

2016 – 2018. Project Director. *Program Enhancements for Dubuque County and Extension Region 11*. Dubuque County Agricultural Extension District. \$109,276.

2016 – 2017. Project Director. *Leadership for Wayne County Growing Strong Families*. Wayne County Agricultural District. \$5,180.

2015 – 2019. Project Director. *Program Enhancements for Black Hawk County Extension*. Black Hawk County Agricultural Extension District. \$67,775.

2015 – 2018. Project Director. *Program Enhancements for Extension Region 20*. Henry County Agricultural Extension District. \$167,453.

2015 – 2017. Project Director. *Answerline Services for the University of Minnesota Extension*. University of Minnesota. \$86,644.

2015 – 2017. Project Director. *Answerline Services for South Dakota Extension Clients*. South Dakota State University. \$32,749.

2015 – 2016. Project Director. *Multi-county Program Enhancement for Families Extension in East Central Iowa*. Johnson County Agricultural Extension District. \$25,704.

2015 – 2016. Project Director. *Human Sciences in Humboldt County*. Humboldt County Agricultural District. \$4,800.

2015 – 2016. Project Director. *Leadership for Wayne County Growing Strong Families*. Wayne County Agricultural District. \$5,044.

2014 – 2015. Project Director. *Leadership for Wayne County Growing Strong Families*. Wayne County Agricultural District. \$4,723.

2014 – 2015. Project Director. *Program Enhancements for Extension Region 20*. Henry County Agricultural Extension District. \$92,870.

2014 – 2015. Project Director. *Program Enhancements for Dubuque County and Extension Region 11*. Dubuque County Agricultural Extension District. \$35,061.

2014 – 2015. Project Director. *Multi-county Program Enhancement for Families Extension in East Central Iowa*. Johnson County Agricultural Extension District. \$24,356.

2013 – 2015. Project Director. *Answerline Services for the University of Minnesota Extension*. University of Minnesota. \$83,000.

2013 – 2015. Project Director. *Answerline Services for South Dakota Extension Clients*. South Dakota State University. \$32,108.

2013 – 2014. Project Director. *Leadership for Wayne County Growing Strong Families*. Wayne County Agricultural District. \$4,587.

2013 – 2014. Project Director. *Program Enhancements for Extension Region 20*. Henry County Agricultural Extension District. \$90,394.

2013 – 2014. Project Director. *Program Enhancements for Dubuque County and Extension Region 11*. Dubuque County Agricultural Extension District. \$34,375.

2013 -2014. Project Director. *Multi-county Program Enhancement for Families Extension in East Central Iowa*. Johnson County Agricultural Extension District. \$25,704.

2013 – 2014. Administrator. *The Extension Connection: Advancing Dementia Care for Rural and Hispanic Populations*. University of Iowa. \$50,615.

2013. Co-Principal Investigator with J. Kahl. *Kansans Optimizing Health*. Kansas Department of Health and Environment. \$25,000.

2011 – 2012. Principal Investigator. *Kansans Optimizing Health*. Kansas Department of Health and Environment. \$38,824.

2010. Co-Principal Investigator with J.M. Garcia. *TBOptions: Community Resources for Traumatic Brain Injury*. Kansas Social and Rehabilitative Services, Disability and Behavioral Health. \$24,834.

2010 – 2011. Principal Investigator. *Kansans Optimizing Health*. Kansas Department of Health and Environment. \$34,435.

2010. Principal Investigator. *Kansans Optimizing Health*. Kansas Department of Health and Environment. \$17,000.

2009. Co-Principal Investigator with J.M. Garcia. *TBOptions: Community Resources for Traumatic Brain Injury*. Kansas Social and Rehabilitative Services, Disability and Behavioral Health. \$57,384.

2009. Principal Investigator. *Kansans Optimizing Health*. Kansas Department of Health and Environment. \$22,329.

2008. Principal Investigator. *Fashion an Easier Lifestyle with Assistive Technology*. Kansas Department of Health and Environment. \$4,000.

2008. Principal Investigator. *Fashion an Easier Lifestyle with Assistive Technology*. The Arthritis Foundation, Kansas Chapter. \$1,750.

2008. Principal Investigator. *Fashion an Easier Lifestyle with Assistive Technology*. Assistive Technology for Kansans Project. \$1,000.

### **Philanthropic Gifts**

*As Awardee*

2001. *Animal-assisted Therapy for People with Developmental Disabilities*. Anonymous sponsor, \$1,500.

### **Intramural Competitive Grants**

2017 – 2020. Collaborator; Principal Investigators Welk, G., Weems, C., Spoth, R., Cutrona, C., Dorneich, M., & Rogers, C. *Enabling Sustainable Community Health through a Transdisciplinary Translational Research Network: Building Bridges between Science and Practice*. Presidential Interdisciplinary Research Initiative, Iowa State University. \$750,000.

2017. Awardee. *Collaboration with the Pan American Health Organization/Regional Office of the World Health Organization*. Foreign Travel Grant Program, Iowa State University. \$695.

2017. Co-Principal Investigator with <sup>#</sup>Naomi Meinertz. *Building a Foundation for Education with Older Adults and Their Families Within Human Sciences Extension and Outreach*. Excellence in Extension Grant Program, Iowa State University Extension and Outreach. \$2,000.

2007. Principal Investigator. *SageAdvice: Understanding Ageism*. University Small Research Grant program, Kansas State University. \$3,500.

2007. Principal Investigator. *SageAdvice: Understanding Ageism*. Center on Aging, Kansas State University. \$1,600.

2007. Principal Investigator. *SageAdvice: Understanding Ageism*. College of Human Ecology, Kansas State University, matching grant. \$500.

2007. Principal Investigator. *SageAdvice: Examination of Ageism in an Alternative Culture*. School of Family Studies and Human Services, Kansas State University. \$1,000.

2007. Principal Investigator. *SageAdvice: Examination of Ageism in an Alternative Culture*. College of Human Ecology, Kansas State University, matching grant. \$500.

2003. Principal Investigator. *Celebrating Hearts across Time*. The Kansas Health Foundation and PATH, Kansas State University, \$1,374.

### **Publications**

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#### **Refereed Manuscripts**

2026 (awaiting publication). Buckingham-Schutt, L., Dunn-Swanson, B., Gatewood, J., & Sellers, D. Working Out Loud Resilience in cooperative extension: results from an internal pilot program. *Journal of Human Sciences and Extension*.

2024. Pitchford, E., Hradek, C., Gatewood, J., & Sellers, D. A needs assessment of Extension staff to implement inclusive programming for adults with intellectual/developmental disabilities. *Journal of Extension*, [On-line], 61(4). Available at: <https://doi.org/10.34068/joe.61.04.07>

2020. Sellers, D., Heronemus, C., Gannon, C., <sup>#</sup>Lockhart, P. Creating opportunities through an experiential, community-based Cooperative Extension internship program. *Journal of Extension* [On-line], 58(6). Available at: <https://www.joe.org/joe/2020december/iw4.php>

2020. <sup>#</sup>Meinertz, N. R., Sellers, D., Schainker, L. M., & Lee, J. Gerontology education offerings: Experiences of Iowa Human Sciences Extension and Outreach educators. *Educational Gerontology*.

Available at: <https://doi.org/10.1080/03601277.2020.1826645>.

2020. Sellers, D., <sup>#</sup>Meinertz, N. R., & Schainker, L. M. The development, implementation and evaluation of a pilot program designed to enhance wellbeing through self-identified lifestyle changes. *Journal of Human Sciences and Extension*, 8(2), 223-236.

2017. Richardson Bruna, K., Farley, J., McNelly, C., Sellers, D., & Johnson, R. If we build it, will they come?: Fielding dreams of college access. *Journal of Higher Education Outreach and Engagement*, 21(4), 51-80.

2017. Sellers, D., Schainker, L.M., <sup>#</sup>Lockhart, P. & Yeh, H. Establishing a common language: The meaning of research-based and evidence-based programming (within the human sciences). *Journal of Extension* [On-line], 55(6). Available at: <https://doi.org/10.34068/joe.55.06.53>.

2017. Cason, K.L., Chipman, H., Forstadt, L.A. Rasco, M.R., Sellers, D., Stephenson, L., & York, D.A. Family and Consumer Sciences focus on the human dimension: The Expanded Food and Nutrition Education Program example. *Journal of Family and Consumer Sciences*, 109(3), 10-17.

2013. Garcia, J., Sellers, D., Hilgendorf, A., & Burnett, D. Evaluation of a health education program about traumatic brain injury. *Health Education Journal*, 72(6). Available at: <https://doi.org/10.1177/0017896913510512>.

2012. Sellers, D. & Markham, M. Raising awareness of assistive technology in older adults through a community-based, Cooperative Extension program. *Gerontology & Geriatrics Education*, 33(3), 287-301.

2012. Sellers, D. & Garcia, J. Traumatic brain injury: Exploring the role of Cooperative Extension in Kansas communities. *Journal of Extension* [On-line], 50(2). Available at: <https://doi.org/10.34068/joe.50.02.44>.

2010. Sellers, D., <sup>#</sup>Bolender, B., & Crocker, A. Beliefs about aging: Implications for future educational programming. *Educational Gerontology*, 36(10-11), 1022-1042. (Special Issue: Worldwide Educational Gerontology).

2009. Sellers, D. So, how old is too old: A forced reflection on the meaning of old age. *Journal of Aging, Humanities, and the Arts*, 3(2), 140-143.

2009. Sellers, D. The global practitioner. *Annals of Long-Term Care: Clinical Care and Aging (medical journal of the American Geriatrics Society)*, 17(2), 31-32.

2009. Sellers, D., Crocker, A., Nichols, A., Kirby, S., & Brintnall-Peterson, M. Creating the eXtension family caregiving community of practice. *Journal of Extension* [On-line], 47(5). Available at: <https://open.clemson.edu/joe/vol47/iss5/1>.

2008. Sellers, D. Building Extension's capacity through knowledge of global aging issues. *Journal of Extension* [On-line], 46(1). Available at: <http://www.joe.org/joe/2008february/comm1.shtml>

2008. Sellers, D. Together. *Journal of Aging, Humanities, and the Arts*, 2(1), 48-49.

2007. Sellers, D., & <sup>ug</sup>Milton, M. The effects of a grandfather's disease process and death on the formation of personal identity in a granddaughter. *Journal of Aging Studies*, 21(3), 229-238.

2006. Sellers, D. The evaluation of an animal assisted therapy intervention with elders with dementia in long-term care. *Activities, Adaptation & Aging*, 30(1), 61-77. (Selected by Routledge to represent this journal for the 2010 Gerontological Society of America (GSA) Annual Scientific Meeting).

### **Invited Book Chapter**

2011. Kirby, S. & Sellers, D. The LiveAbility House: A collaborative adventure in discovery learning. In S. Hai-Jew (Ed.), *Constructing Self-Discovery Learning Spaces Online: Scaffolding and Decision-Making Technologies*, (25-48). Hershey, PA: IGI Global.

### **Refereed National Conference Proceeding**

2010. Kirby, S. & Sellers, D. The LiveAbility House: Real-life application in a virtual reality. In K. B. Anacker (Ed.), *Proceedings of the 2010 Annual Conference of the Housing Education and Research Association* [On-line], 158-167. Available at <http://housingeducators.org/MEMAREA/HERAMEMpastpapers.shtml>

### **White Paper**

2017. Baker, S.S., Bonsi, E.A., Cotterill, D.B., Diehl, S.C., Galdamez, I., Kempton, J., Lambea, M.C., Martin, T., Mulligan, K., Murray, D., Welch, L., White, J., Sellers, D., & Chipman, H. "Expanded Food and Nutrition Education Program (EFNEP) paraprofessional supervision: Crucial components for program success." Published on <https://nifa.usda.gov/resource/efnep-paraprofessional-supervision>.

## **Scholarly Presentations at Professional Meetings**

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### **Refereed International, National, and State**

2025. Sellers, D., Griesdorn, T., Cavalier, K., & Mukayisire, J. My Wellbeing: Our Journey with Adults with Intellectual and Developmental Disabilities. Presentation at the National Extension Association of Family and Consumer Sciences, Grand Rapids, MI.

2025. Sellers, D., Griesdorn, T., Cavalier, K., & Mukayisire, J. My Wellbeing: Our Journey with Adults with Intellectual and Developmental Disabilities. Presentation at the *National Health Outreach Conference*, Omaha, NE.

2024. Griesdorn, T., & Sellers, D. Financial wellbeing education for people with intellectual and developmental disabilities. Poster presentation at the *Service-Learning and Engaged Scholarship Showcase 2024*, University of the Incarnate Word, San Antonio, TX, United States.

2022. Sellers, D. Blending Personal and Organizational Leadership: Living Our Best Lives. Presentation at the *American Association of Family & Consumer Sciences (AAFCS) 2022 Annual Conference*, Orlando, FL.

2022. Sellers, D., & Woods, B. *Making Connections with Iowans through the Human Sciences*. Presentation at the 2022 Iowa Extension Council Association Conference, Ames, IA.

2019. Thompson, C., Johnson, M., Taylor, S., Rouse, J., & Sellers, D. Impacting Personal Leadership Development through an Internal Community Council. Oral presentation at the *2019 Joint Council of Extension Professionals Leadership Conference*, San Antonio, TX.

2019. <sup>§</sup>Meinertz, N., Sellers, D., Schainker, L., & Lee, J. Gerontology Education Offerings: Experiences of Iowa Human Sciences Extension and Outreach Specialists. Poster presentation at the *2019 Aging in America American Society on Aging Conference*, New Orleans, LA.

2018. Crocker, A.B., Sellers, D., Kirby, S.D., & <sup>§</sup>Meinertz, N. Forget Your Number. Pre-Conference Presentation at the *National Extension Association of Family and Consumer Sciences 2018 Annual Session*. San Antonio, TX.

2018. <sup>§</sup>Meinertz, N., Sellers, D., & Schainker, L. Igniting Wellness and Wellbeing: A Program Evaluation. Poster presentation at the *Society for Public Health Education (SOPHE) 2018: Igniting Change and Innovation: The Impact of Health Education Annual Conference*, Columbus, OH.

2017. Sellers, D., Heaverlo, C., & Cochran, L. A Practical Model for Enhancing Supervision within the Human Sciences. Ignite Session at the *2017 Family & Consumer Sciences Program Leader Meeting at the National Extension Association of Family & Consumer Sciences (NEAFCS) Annual Session*, Omaha, NE.

2017. Sellers, D. & Nelson, A. ISU 4U Promise as a Vehicle for Community Engagement. Poster presentation at the *2017 National Urban Extension Conference*, Bloomington, MN.

2017. Cotterill, D., Diehl, S., Kempton, J., & Sellers, D. EFNEP Paraprofessional Supervision: Crucial Components for Program Success. General Session at the *2017 National Expanded Food and Nutrition Education Program Conference*, Arlington, VA.

2017. Sellers, D., Schainker, L., & <sup>§</sup>Lockhart, P. Our Cornerstone: Developing a Collective Understanding of Research-based and Evidence-based Programming within the Human Sciences. Poster session at the *2017 Joint Council of Extension Professionals Leadership Conference*, Orlando, FL.

2013. Garcia, J., Sellers, D., Hilgendorf, A., & Burnett, D. TBloptions: Promoting Knowledge about Traumatic Brain Injury. Poster session at the *2013 American Speech-Language-Hearing Association Annual Convention*, Chicago, IL.

2013. Garcia, J. M., & Sellers, D. Online Resources to Enhance the Health and Well-being of People Who Experience Traumatic Brain Injury. Seminar presented at the *Annual Convention of the Kansas Speech-Language-Hearing Association*, Topeka, KS.

2013. Sellers, D. & Garcia, J. Traumatic Brain Injury: Bridging Gaps in Knowledge through Expansion into a New Area of Educational Programming. Poster session at *Galaxy IV - Bridging the Centuries: A New Era for Extension*, Pittsburgh, PA.

2013. Sellers, D., Markham, M., & Crouch, C. Fashion an Easier Lifestyle with Assistive Technology: A Cooperative Extension Program. *2013 Conference of the National Council on Aging and the American Society on Aging*, Chicago, IL.

2012. Crocker, A., Sellers, D., Behnke, A., & Fondren, A. Silos Aren't Just on Farms... Unifying Outreach Efforts to Benefit America's Families. *SPUR ON the Evolution of Extension*, Oklahoma City, OK.

2012. Sellers, D., Crocker, A., Kirby, S., & Lambur, M. Educators, Aging, and Transformation: Implications for the Cooperative Extension Service in the United States of America. *14th Annual International Conference on Education*, Athens, Greece.
2011. Garcia, J. M., & Sellers, D. Impacting Knowledge and Perceptions about Traumatic Brain Injury within Cooperative Extension. *2011 American Speech-Language-Hearing Association Convention*, San Diego, CA.
2011. Sellers, D., Crocker, A., Bailey, S., & Nichols, A. Engaging in the eXtension Family Caregiving Community of Practice. *2011 National Extension Association of Family & Consumer Sciences Annual Session*, Albuquerque, NM.
2010. Sellers, D., Kirby, S., & Phillips, L. The LiveAbility House: Exploring an Immersive Environment. *eXtension National Conference*, Austin, TX.
2009. Gibson, J., Crocker, A., & Sellers, D. eXtension Family Caregiving. *Extension Human Sciences Network Conference*, New Orleans, LA.
2009. Sellers, D. [Invited; Video presentation]. Empowering Cooperative Extension System Employees (The Scholarship of eXtension); included in eXtension Strategic Roadmap and More, by Henning, J., Hinton, K., Cotton, D., and Schuchardt, J. *National Extension Directors and Administrators Meeting*, New Orleans, LA.
2008. Brintnall-Peterson, M., Crocker, A., Kirby, S., & Sellers, D. The Experience of Content Groups within a Community of Practice. *2008 National Community of Practice Conference*, Louisville, KY.
2008. Brintnall-Peterson, M., Crocker, A., & Sellers, D. eXtension: State-specific Demographic Fact Sheets on Family Caregiving. *2008 Ag Outlook Forum*, Washington, D.C.
2008. Golden, R., Cutler, S., Factor, A., Powers, M., Ross, N, Levy, V., & Sellers, D. [Invited]. Aging in China: What America Can Learn. 2008 Conference of the National Council on Aging and the American Society on Aging, Washington, D.C.
2008. Milliken, J.B., Bourne, J.R., Cotton, D., Sellers, D., & Wallace, C. [Invited; Discussant]. E-Learning: The Changing Face of Education. Plenary session, *The 2008 Annual Meeting of the National Association of State Universities and Land-Grant Colleges (NASULGC)*, Chicago, IL.
2008. Sellers, D., Bane, S., Nichols, A., Thomason, D., & Weber, D. Caregiving is Everyone's Business. *Galaxy III*, Indianapolis, IN.
2007. Higgins, M. H. & Sellers, D. Nutrition for Older Adults: Ideas for Effective Education. Workshop at the *2007 Priester National Health Conference*, Kansas City, MO.
2007. Sellers, D. A Piece of the Global Puzzle: Aging in China. Poster session at the *National Extension Family Life Specialists Conference*, Atlanta, GA.
2005. Sellers, D. Animal-assisted Therapy and Elders with Dementia. Poster session at the *National Recreation and Parks Association Congress and Exposition*, San Antonio, TX.

2005. Sellers, D. Evidence-based Practice: Animal-assisted Therapy. Poster session at the *13<sup>th</sup> Annual Alzheimer's Association Dementia Care Conference*, Chicago, IL.

2002. Kelley, S., Finneran, L., Rivers, A. S., Sellers, D., & Wenckus, W. Broadening our Horizons with Animal-Assisted Therapy: A Rainbow of Experiences. Member of symposium at the *National Association for Drama Therapy 23<sup>rd</sup> Annual Conference*, Albuquerque, NM.

2001. Sellers, D. Canine Companions and People: A Partnership for Life. Workshop at the *6<sup>th</sup> Annual International Therapeutic Recreation Symposium*, Tampa, FL.

2001. Sellers, D. Facility Dogs in the Special Education Classroom. Workshop at the *Council for Exceptional Children Annual Convention and Expo*, Kansas City, MO.

## **Creative Scholarship**

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2024. Open for All Online. Sellers, D., Bailey, S. Kelley, S., Baldwin, K., <sup>UG</sup> Schiller, A., & <sup>UG</sup> Mamakos, Z. <https://store.extension.iastate.edu/product/Open-for-All-Online>. Open for All Online is an asynchronous, self-paced course designed for individuals interested in learning practical skills related to working with adults with intellectual and developmental disabilities. The course takes 25-30 hours to complete, not including the immersion experience, which is a critical component. Curriculum includes:

- Orientation
- Welcoming Culture
- Creative Communication
- Individual Appreciation
- Purposeful Positivity
- Lifelong Learning
- Conclusion (with evaluation)

2023. My Wellbeing. Sellers, D., Alfiero, G., Gatewood, J., Best, J., Griesdorn, T., <sup>8</sup>Meinertz, N., Santiago, A., Zalenski, P., Buckingham-Schutt, L., Mills, D., & DeJong, M.

<https://www.extension.iastate.edu/humansciences/my-wellbeing>. Offered as a six-session workshop with an emphasis on a holistic, individualized approach to wellbeing; designed with people with intellectual and developmental disabilities in mind. Curriculum includes:

- Certificate template.
- Educator's guide.
- Form. My Plan.
- Forms: Participant, educator, community partner evaluation.
- Information sheet for community partners.
- Materials and supply list.
- Participant summaries (Sessions 1-6).
- Participant workbook.
- Session outlines (1-6).
- Slides and scripts (1-6).

2019. Sellers, D. Group Exhibition, ReACT Exhibition Series, "Connections and Intersections: People, Place and Time," focused on the stages of life and aging. Iowa State University, Ames, Iowa.

- "Mourning in Fall." Photograph in color.
- "Remember Me." Photograph in color.

2017. What About Me? My Wellbeing. Sellers, D., Gatewood, J., Baumgartner, C., Best, J., Cooper, K., Griesdorn, T., <sup>§</sup>Meinertz, N., Santiago, A., Schainker, L., & Zalenski, P. Offered as a 4-session workshop with an emphasis on a holistic, individualized approach to wellbeing for adults. Adopted by Kansas State University, Kansas Institute for Early Childhood Education and Research and Kansas Child Care Training Opportunities Inc., January 2021. Curriculum includes:

- Educator's guide.
- Forms. Contact, Financial activity, My plan and educator and participant evaluations.
- Marketing brochure.
- Participant summaries (Sessions 1-4).
- Press release.
- Session outlines (1-4).
- Slides and scripts (1-4).

2015. Human Impact of Avian Influenza. Sellers, D., Sternweis, L., Shirer, K., Olson, T., Brott, M., Lee, H., Stulka, S., & Gerard, L. <https://www.extension.iastate.edu/humansciences/content/avian-influenza>. A multi-state effort by Iowa, Minnesota, and South Dakota to assist families struggling with the human challenges brought on by avian influenza through a strong social media presence, public relations campaign and online resources.

2014. TBloptions: Advancing Your Professional Knowledge. Garcia, J. & Sellers, D. <https://ksuconferences.com/noncredit-programs>. Offered as an online course covering introductory level content about traumatic brain injury for two hours of continuing education credit.

2012. TBloptions: Promoting Knowledge. Sellers, D. & Garcia, J. <http://TBloptions.ksu.edu/Knowledge>. Designed to increase the public's knowledge of traumatic brain injury and the importance of community in enhancing the health of survivors and family members. State and online educational programs. Curriculum includes:

- Promoting knowledge about traumatic brain injury. *eXtension*, [On-line]. <http://www.extension.org/pages/65022/promoting-knowledge-about-traumatic-brain-injury-tbi>
- Fact sheet. MF3041: Create a supportive community for people who experience traumatic brain injury. Revised 2020.
- Fact sheet. MF3042: Create positive differences for people who experience traumatic brain injury. Revised 2020.
- Fact sheet. MF3043: Create change through knowledge about traumatic brain injury. Revised 2020.
- Forms. My plan for making a difference and Community resource data.
- Leader's guide.
- 1-panel poster (three versions).

2008. TBloptions: Connecting to Resources. Sellers, D. & Garcia, J. <http://TBloptions.ksu.edu>. Established to link survivors of traumatic brain injury and their family members to potentially helpful agencies and services within their local communities and to foster community inclusion. Highlighted (sidebar) in *An Informal Report to the Kansas Legislature, 2011*. Curriculum includes:

- Fact sheet. MF2935: Making a difference in people's lives.
- Postcard. MF2936: Making a difference in people's lives.
- 3-panel poster.

2010. SageStories. Sellers, D. & Crocker, A. <http://www.aging.ksu.edu/p.aspx?tabid=187>. Created as an experimental, online, digital narrative curriculum focusing on caregiving issues, including assistive technology.

2010. The Healthy Caregiver. Sellers, D. & Crocker, A. <http://www.aging.ksu.edu/DesktopDefault.aspx?tabid=185>. Designed as an interactive decision tool to link caregivers with resources to maintain or improve personal health and well-being.

2009. The LiveAbility House. Sellers, D. & Kirby, S. *Second Life*<sup>®</sup>, [On-line]. <http://slurl.com/secondlife/Morrill/31/204/24>. Created as a virtual demonstration home to integrate knowledge of assistive technology and universal design. Featured in *Ordinary Women Extraordinary Service to Family, Community, and North Carolina, A Special Project of the North Carolina Family and Consumer Sciences Foundation and the North Carolina Extension and Community Association Foundation* (pp. 206 & 209).

2009. Sellers, D. & Kirby, S. The LiveAbility house/interactive learning lesson. *eXtension*, [On-line]. [http://www.extension.org/pages/The\\_LiveAbility\\_House](http://www.extension.org/pages/The_LiveAbility_House).

2008. Fashion an Easier Lifestyle with Assistive Technology. Sellers, D. & <sup>g</sup>Dittman, E. <http://www.aging.ksu.edu/DesktopDefault.aspx?tabid=87>. Designed to help participants gain knowledge of different assistive technology devices, find out how to purchase assistive technology, and discover how assistive technology can help fashion an easier lifestyle. Adopted by University of Hawaii Manoa Cooperative Extension, Maui. Curriculum includes:

- Fact sheet. MF2837: Fashion an easier lifestyle with assistive technology.
- Leader's guide. MF2838: Fashion an easier lifestyle with assistive technology.
- Postcard. MF2839: Fashion an easier lifestyle with assistive technology.
- 3-panel poster. MF2840: Fashion an easier lifestyle with assistive technology.

## Publications

2011. Sellers, D., Crocker, A., & <sup>g</sup>Dittman, E. Healthy caregiving. *eXtension*, [On-line]. <http://www.extension.org/pages/55555/healthy-caregiving>

2010. Sellers, D. May is older Americans month. *eXtension*, [On-line]. [http://www.extension.org/pages/May\\_is\\_Older\\_Americans\\_Month](http://www.extension.org/pages/May_is_Older_Americans_Month)

2010. Sellers, D. & Kahl, J. Kansans optimizing health.

- Fact Sheet. MF2896: Kansans optimizing health.
- Postcard. MF2897: Kansans optimizing health.
- 3-panel poster.

2009. Sellers, D. Easing life tasks with assistive technology. *eXtension*, [On-line]. [http://www.extension.org/pages/Easing\\_Life\\_Tasks\\_with\\_Assistive\\_Technology](http://www.extension.org/pages/Easing_Life_Tasks_with_Assistive_Technology)

2009. Sellers, D. & Bane, S. Entering into pet ownership. *eXtension*, [On-line]. [http://www.extension.org/pages/Entering\\_Into\\_Pet\\_Ownership](http://www.extension.org/pages/Entering_Into_Pet_Ownership)

2009. Sellers, D. Fashion an easier lifestyle with assistive technology online learning. <http://www.aging.ksu.edu/DesktopDefault.aspx?tabid=175>.
2009. Sellers, D. Easing life tasks with assistive technology/interactive learning lesson. *eXtension*, [On-line]. [http://www.extension.org/pages/Easing\\_Life\\_Tasks\\_with\\_Assistive\\_Technology](http://www.extension.org/pages/Easing_Life_Tasks_with_Assistive_Technology).
2008. Sellers, D. Neighbors needing help. *eXtension*, [On-line]. [http://www.extension.org/pages/Neighbors\\_Needing\\_Help](http://www.extension.org/pages/Neighbors_Needing_Help)
2008. Sellers, D. Postcard. MF-33: We know families (aging).
2008. Sellers, D., & <sup>g</sup>Dittman, E. Advance directives in Kansas.
- Fact sheet. MF2815: Advance directives in Kansas. Revised 2012.
  - Fact sheet. MF2816: Durable power of attorney for health care in Kansas. Revised 2012.
  - Fact sheet. MF2817: Living wills in Kansas. Revised 2012.
  - Fact sheet. MF2818: Do not resuscitate directives in Kansas. Discontinued 2012.
  - Postcard. MF2819: Plan your future. Discontinued 2012.
  - 3-panel poster. MF2820P: Plan your future. Revised 2012.
  - 1-panel poster. MF2846P: Advance directives for health care in Kansas. Discontinued 2012.
2008. Sellers, D., Garcia, J. & <sup>g</sup>Dittman, E. Understanding aphasia. *eXtension*, [On-line]. <http://www.extension.org/pages/Understanding+Aphasia>
2007. Sellers, D. Assistive technology and adaptive equipment. *eXtension*, [On-line]. <http://www.extension.org/pages/Assistive+Technology+and+Adaptive+Equipment>
2007. Sellers, D. eXtension family caregiving.
- Fact sheet. MF2808: eXtension family caregiving. Adopted by Iowa State University Extension.
  - 3-panel poster. MF2808P: eXtension family caregiving. Adopted by Iowa State University Extension.
2007. Sellers, D. Health and family caregiving. *eXtension*, [On-line]. [http://www.extension.org/pages/Health\\_and\\_Family\\_Caregiving](http://www.extension.org/pages/Health_and_Family_Caregiving)
2007. Sellers, D. Health benefits of pets. *eXtension*, [On-line]. <http://www.extension.org/pages/Health+Benefits+of+Pets>
2007. Sellers, D. Info on the go.
- MF2792: Caregiver grandparents.
  - MF2790: Falls prevention.
  - MF2789: Older adult services.
  - MF2791: Parkinson disease.
2007. Sellers, D. & Crocker, A.B. Medical professionals explained. *eXtension*, [On-line]. <http://www.extension.org/pages/Medical+Professionals+Explained>

2003. Sellers, D. Message from a graduate. *New Beginnings: Canine Companions for Independence*<sup>®</sup> *North Central Region Newsletter*.

2002. Sellers, D. Alzheimer's Association viewpoint: Dementia screening tests. *Hand in Hand: New Perspectives for the Elderly and Caregivers K-State Research and Extension Adult Development and Aging Newsletter*.

2000. Sellers, D. Some facts about mental retardation and developmental disabilities; TARC's journey through the decades; TARC enters new millennium with major initiatives. *TARC, Inc. Annual Report*.

### **Newsletters**

2023 – Present. Cabinet Communication. A periodic resource for the College of Human Sciences Dean's Leadership Team.

2013 – 2023. Community Chat. A weekly resource for Iowa State University Extension and Outreach faculty and staff with an interest in Human Sciences.

2009 – 2011. Family Studies and Human Services Update. A periodic on-line resource. (Replaced Age Buzz in 2009).

2006 – 2009. Age Buzz. A periodic on-line resource.

### **Presentations (Invited)**

2025. The Impact of Mentoring. *College of Health and Human Sciences Peer Mentoring Learning Community*, Iowa State University, Ames, IA.

2023. Stop, Start, Grow (two sessions). *Department of Apparel, Events, and Hospitality Management Professional Development Workshop*, Iowa State University, Ames, IA.

2023. Challenges and Opportunities. *Department of Human Development and Family Studies Spring Retreat*, Iowa State University, Ames, IA.

2023. Creating Change Together. *Human Sciences Extension and Outreach Professional Development Day*, Iowa State University, Ames, IA.

2023. Leadership Principles and Personal Mission Statements. *Iowa State University Extension and Outreach Leadership Academy*, Ames, IA.

2022. Sellers, D. Blending Personal and Organizational Leadership: Empowering People to Live Their Best Lives. *Iowa State University Extension and Outreach Leadership Academy*, Ames, IA.

2018. Sellers, D. The Intersection of Aging Grand Challenges and Iowa State University Extension and Outreach. *Symposium: Addressing Aging Grand Challenges at a Land-Grant Institution*, Iowa State University, Ames, IA.

2017. Liu, H., Moore, D., Sellers, D., Long, C., Wrage, R., & DeJong, J. [Discussant]. Catchbox Conversation. *Iowa State University Extension and Outreach Annual Conference*, General Session, Ames, IA.

2017. Sellers, D. Empowering People and Growing Lives: Blending Personal and Organizational Leadership. *Iowa State University Extension and Outreach Annual Conference, Breakout Session, Ames, IA.*

2015. Sellers, D. What's Happening in Human Sciences Extension and Outreach? *Family and Consumer Sciences Home and Community Spring Meeting, Iowa State University, Ames, IA.*

2013. Sellers, D. How K-State Research and Extension Can Help Your Clients and Families. *Kansas Department for Aging and Disability Services, State Webinar.*

2013. Sellers, D. *TBOptions: Promoting Knowledge.*

- *Beyond Rehab: Succeeding at Life. A Conference on Brain Injury, Overland Park, KS.*
- *eXtension, in partnership with The Wounded Warrior Program, Texas A&M AgriLife Extension Service, National Webinar.*
- *Community Forum, Paola, KS.*
- *Community Forum, Troy, KS.*
- *Community Forum, Atchison, KS.*
- *Community Forum, Salina, KS.*
- *Community Forum, Hutchinson, KS.*
- *PATH Program Meeting, Ottawa, KS.*

2013. Sellers, D. How K-State Research and Extension Can Help You, Your Clients, and Families. *The Older Kansans Information and Referral Services Association, Salina, KS.*

2012. Sellers, D. Advance Directives for Health Care. *Estate Planning Clinic, Hutchinson, KS.*

2012. Sellers, D. Advancing Public Knowledge of Traumatic Brain Injury: Creating change in Kansas. *Teaching, Learning, & Technology Showcase 2012, Kansas State University, Manhattan, KS.*

2012. Sellers, D. Animal-assisted Therapy: A Personal Perspective. *PSYCH 599: Introduction to Animal-Assisted Activities and Therapy, Kansas State University, Manhattan, KS.*

2012. Sellers, D. Assistance dogs in the Community. *Four and Score Club, Council Grove, KS.*

2012. Sellers, D. Canine Companions and Military Service Members: The Human-animal Bond at Work. *Grand Rounds, Behavioral Health Clinic, Irwin Army Hospital, Fort Riley, KS.*

2012. Sellers, D. Canine Companions for Independence®: Help is a Four-legged Word.™ *4-H State Dog Conference, Junction City, KS.*

2012. Sellers, D. Canine Companions for Independence®: Help is a Four-legged Word.™ *Assistive Technology for Kansans Expo, Wichita, KS.*

2012. Sellers, D. Cold Noses + Warm Hearts = Transformed Lives. *Muttfest, Manhattan, KS.*

2012. Sellers, D. The Lions' Project for Canine Companions for Independence®. *Wilsey Lions' Club, Wilsey, KS.*

2012. Sellers, D. The Human-animal Bond. Guest video, *BIOL 697, CS 890 and DMP 895: Introduction to OneHealth*, Kansas State University, Manhattan, KS.
2012. Sellers, D. Traumatic Brain Injury: Promoting Knowledge. *Vernon College and the Area Agency on Aging at North Texas Conference*, Wichita Falls, TX.
2011. Sellers, D. Animal-assisted Therapy: A Personal Perspective. *PSYCH 599: Introduction to Animal-Assisted Activities and Therapy*, Kansas State University, Manhattan, KS.
2011. Sellers, D. (Volunteered). Animal-assisted Therapy: A Personal Perspective. Virtual presentation in Second Life®.
2011. Sellers, D. Assistance Dogs and People with Disabilities. *Manhattan Sertoma Club & Manhattan Kiwanis Club*, Manhattan, KS.
2011. Sellers, D. (Internally peer-reviewed). "Begin with the End in Mind" Takes on New Meaning. *K-State Research and Extension Annual Conference*, Manhattan, KS.
2011. Sellers, D. The Human-animal Bond. *Lecture Series at Meadowlark Hills Retirement Community*, Sponsored by the Center on Aging at Kansas State University, Manhattan, KS.
2011. Sellers, D. The Life and Times of Jeb, the Facility Dog. *The Human-Animal Bond Fair, College of Veterinary Medicine, Kansas State University Open House*, Manhattan, KS.
2011. Sellers, D. The LiveAbility house: Virtual Environment; Real World Application. *Teaching, Learning, and Technology Showcase 2011*, Kansas State University, Manhattan, KS.
2011. Sellers, D. The Three P's. *K-State Research and Extension Agent Orientation*, Manhattan, KS.
2011. Sellers, D. Triple Dynamite: Age, Attitude and Adaptability. (Keynote). *Aging with Attitude Regional Expo*, Chanute, KS.
2010. Sellers, D. Assistance Dogs and People with Disabilities. *Manhattan Lions Club*, Manhattan, KS.
2010. Sellers, D. Fashion an Easier Lifestyle with Assistive Technology. *2010 United Associations Conference*, Wichita, KS; also, *Actively Aging Conferences*, Hugoton & Scott City, KS.
2010. Sellers, D. K-State for All! *Canine Companions for Independence®*, Overland Park, KS.
2010. Sellers, D. TBloptions: Connecting Survivors and Families to Community Resources. *Life after Brain Injury: A Seminar for Survivors and Families, Brain Injury Association of Kansas and Greater Kansas City*, Wichita & Overland Park, KS.
2010. Sellers, D. The LiveAbility House. *eXtension Virtual State Fair: A Cooperative Extension Sampler*, in Second Life®.
2010. Sellers, D. The Three P's. *K-State Research and Extension Agent Orientation*, Manhattan, KS.

2010. Sellers, D., Kahl, J., & Taylor, S. K-State Research and Extension Can Help Your Clients and Their Families. *Kansas Occupational Therapy Association*, Manhattan, KS.
2009. Jackson, S. & Sellers, D. Intentional Harmony: Managing Work and Life. *2009 United Associations Conference*, Wichita, KS.
2009. Sellers, D. Fashion an Easier Lifestyle with Assistive Technology, *K-State Research and Extension Community Meetings*, Pratt & Kingman, KS; also, *Northeast Area Office Professional Training*, Manhattan, KS.
2009. Sellers, D. Second Life® and Cooperative Extension. *College of Human Ecology Spring 2009 Faculty Forum, Second Life® Users' Meeting, and Instructional Design and Technology Roundtable*, Kansas State University, Manhattan KS.
2009. Sellers, D. Therapeutic Effects of the Human-animal Bond. *K-State Research and Extension Wellness Luncheon, College of Agriculture, Information and Educational Technology*, Manhattan, KS.
2009. Sellers, D. The Three P's. *K-State Research and Extension Agent Orientation*, Manhattan, KS.
2009. Sellers, D. & Crocker, A. Tour of eXtension Family Caregiving. *University of Wisconsin-Extension Aging in Our Communities In-service*, Stephens Point, WI.
2008. Sellers, D. Animal-assisted Therapy. *Full Circle Conference on Aging*, Oakley, KS.
2008. Sellers, D. Careers in Aging. *Careers in Aging Series Sponsored by the Kansas State University Center on Aging*, Manhattan, KS.
2008. Sellers, D. Falls Prevention.
- *Community Meeting*, Concordia, KS.
  - *Lincoln Senior Center*, Lincoln, KS.
  - *Mankato Community Center*, Jewell, KS.
  - *Russell Senior Center*, Russell, KS.
  - *Wellness Council*, Clay Center, KS.
2008. Sellers, D. Fashion an Easier Lifestyle with Assistive Technology. *Northwest Kansas Stroke and Neurological Support Group*, Hays, KS.
2008. Sellers, D. Fashion an Easier Lifestyle with Assistive Technology, *FCS August Agent Update*, Kansas State University, Manhattan, KS.
2008. Sellers, D. Intentional Harmony: Managing Work and Your Partner. *K-State Research and Extension Luncheon Community Meeting*, Marysville, KS.
2008. Sellers, D. Kansas Cooperative Extension: A Resource for You. *Traumatic Brain Injury Support Group*, Manhattan, KS.

2008. Sellers, D. The Future of Extension: Interactive Media & Immersive Environments. *K-State Research and Extension Program Enhancement Conferences*, Northeast Area, Manhattan, KS & Southeast Area, Wichita, KS.
2008. Sellers, D. The Three P's. *K-State Research and Extension Agent Orientation*, Manhattan, KS.
2007. Sellers, D. Aging in China. On-line guest lecture, *GERON 620: Global Perspectives on Elder Care*, Kansas State University, Manhattan, KS.
2007. Sellers, D. [Keynote]. Aging: Why Bother? *Annual Cascades Gerontology Conference*, Bend, OR.
2007. Sellers, D. Are You In Or Are You Out: The Challenge to Design and Utilize a Statewide Educational Program to Address Aging Issues. *The Joint Kansas & Iowa Occupational Therapy Associations State Spring Conference*, Overland Park, KS.
2007. Sellers, D. COMMUNITY: Beijing. *Annual Cascades Gerontology Conference*, Bend, OR.
2007. Sellers, D. Falls Prevention.
- *11<sup>th</sup> Annual Senior University of Pottawatomie County*, Westmoreland, KS.
  - *Coffey County Annual Elderfest*, Burlington, KS.
  - *Full Circle Conference on Aging*, WaKeeney, KS.
  - *PATH (Personal Actions to Health)*, Pittsburg, KS.
2007. Sellers, D. People with Disabilities and Service Dogs. *ID651: Design for Supportive Environments*, Kansas State University, Manhattan, KS.
2007. Sellers, D. The Science and Practice of Animal-assisted Activity with the Elderly. *United Associations Conference*, Wichita, KS.
2006. Sellers, D. Defining the Baby Boom Generation. *Sisters Community Action Team*, Sisters, OR.
2006. Sellers, D. Lavatories and Rocking Chairs: Working with People with Dementia-related Behaviors.
- *Central Oregon Home Care & Hospice*, Bend, OR.
  - *Evergreen In-Home Services*, Bend, OR.
2005. Sellers, D. The Effects of Animal-Assisted Therapy on the Quality of Life of Elders with Dementia. Workshop at the *Oregon State University Annual Conference in Gerontology*, Corvallis, OR.
2004. Sellers, D. Animal-assisted Therapy in Long-term Care. *Council Grove Business Expo*, Council Grove, KS.
2004. Sellers, D. Careers in the Allied Health Fields. *Boys and Girls Club*, Manhattan, KS.
2004. Sellers, D. Environmental Barriers for People with Service Dogs. *ID651: Design for Supportive Needs*, Kansas State University, Manhattan, KS.
2004. Sellers, D. Service Dogs. *Council Grove High School*, Council Grove, KS.

2004. Sellers, D. Service Dogs. *Dwight Elementary School*, Dwight, KS.
2004. Sellers, D. The Effects of Animal-assisted Therapy on Quality of Life of Elders with Dementia: Research in Progress. *Galichia Center on Aging*, Kansas State University, Manhattan, KS.
2004. Sellers, D. The Study of Gerontology in the State of Oregon. *Senior Care Network*, Bend, OR.
2004. Sellers, D. & Strand, E. Putting the FUN in Functional: Community Reintegration. *National HealthCare Corporation*, Springfield, MO.
2003. Sellers, D. Service Dogs. *American Association of Retired Persons & Manhattan Rotary Club*, Manhattan, KS.
2003. Sellers, D. Service Dogs. *ASI 303: History and Attitudes of Animal Use*, Kansas State University, Manhattan, KS.
2002. Sellers, D. Animal-assisted Therapy and Intergenerational Programming. *FSHS 510: Adult Development and Aging*, Kansas State University, Manhattan, KS.
2002. Sellers, D. Canine Companions for Independence®. *Lions Club*, Manhattan, KS.
2002. Sellers, D. People with Disabilities. *Enterprise Elementary School*, Enterprise, KS.
2002. Sellers, D. & Kelley, S. The Intergenerational Creative Arts Project. *Community Forum at Kansas State University*, Manhattan, KS.
2001. Sellers, D. Canine Companions for Independence®. *Optimist Club*, Topeka, KS.
2001. Sellers, D. Service Dogs in the Classroom. *School District 501 Training for Teachers and Staff*, Topeka, KS.
2001. Sellers, D. The Art of Public Speaking. *Community Forum at TARC, Inc.*, Topeka, KS.
2000. Sellers, D. Fun with Dogs. *Bright Circle Preschool*, Topeka, KS.
2000. Sellers, D. Many Paths, One Journey: Training in Diversity. *Community Forum at TARC, Inc.*, Topeka, KS.
2000. Sellers, D. Therapy Dogs and People with Developmental Disabilities. *Training for Foster Grandparents*, Topeka, KS.
1999. Sellers, D. & Dunaway, L. Disability Awareness. *Topeka Parks and Recreation Training for Staff*, Topeka, KS. Supported in part through funds provided by the city of Topeka.
1999. Sellers, D., McDonald, C., McDonald, L., Frye, S., Davenport, C., Lira, R., & Redeker, C. City of Topeka/TARC Assistive Technology Grant Project. *The Assistive Technology Conference*, Topeka, KS.

1998. Sellers, D. & Dunaway, L. Programming for Young Adults. *Kansas Activity Directors Annual State Conference*, Emporia, KS.

1997. Sellers, D. Group Programming for Adults with Late-stage Alzheimer's Disease. *Kansas Activity Directors Annual State Conference*, Emporia, KS.

1997. Sellers, D. The Older Adult. *REC 369: Intervention in Therapeutic Recreation*, Pittsburg State University, Pittsburg, KS.

1996. Sellers, D. Recreation Programming in Long-term Care. *Training for Planned Health Services*, Topeka, KS.

1991. Sellers, D. Arts and Crafts for The Great American Teach-in. *E.H. Miller School*, Palatka, FL.

### **Media (featured/quoted)**

#### **News Releases**

Sellers, D. ~ Adult learning ~ Assistive technology makes life easier ~ Beyond cake and ice cream: Myths about aging ~ Dogs: A person's best therapy ~ eXtension family caregiving ~ Family caregiving ~ Family checkup ~ Forget whistling -- This professor walks while working ~ Global aging ~ Intentional harmony: Managing work & life ~ K-State to host assistance, guide dog exhibition ~ Negativity surrounding aging ~ Northwest Kansas conference to focus on healthy aging (featured keynote speaker) ~ Preventing falls in the elderly ~ Services available to older adults ~ *TBOptions: Promoting Knowledge* ~ The baby boomer generation ~ What can we learn from China? | Sellers, D. & Anderson, J. ~ K-State for all! | Sellers, D. & Doll, G. ~ K-State working to minimize generational differences | Sellers, D. & Garcia, J. ~ Collaboration yields support network | Sellers, D., Garcia, J., & Deegan, M. ~ *TBOptions: Identifying local resources* | Sellers, D. & Pihl, N. ~ Caregiving | Sellers, D. & Robbins, S. ~ Advance health care directives | Sellers, D., Vader, P., & Charles, L. ~ Canine companions for independence® | Elmore, R., Sellers, D., & Payne, P. ~ Pets, natural disasters to be subject of free K-State seminar | Olsen, C., Johannes, E. & Sellers, D. ~ Holiday or not: Take time to enjoy family | Olsen, C. & Sellers, D. ~ Don't let relationships gather dust | Winters, C. & Sellers, D. ~ Kansans optimizing health |

#### **Books**

Dreamers Don't Quit by N. Cobos ~ Love Heels by P. Dibsie ~ Therapy Pets: The Animal-Human Healing Partnership by J. Crawford & K. Pomerinke |

#### **Print Materials**

AARP: The Magazine ~ Colby Free Press ~ Council Grove Republican Grass & Grain ~ Holton Recorder ~ Kansas City Star ~ K-Statement ~ K-Stater ~ Lindsborg News-Record ~ Manhattan Mercury ~ Pratt Tribune ~ The Collegian ~ Topeka Capital-Journal |

#### **Internet**

abc27.com ~ barenews.com ~ cjonline.com ~ cnbc.com ~ dnaiindia.com ~ doctorozwebsite.net ~ infozine.com ~ kansascitypost.com ~ medindia.net ~ newswise.com ~ prnewswire.com ~ sayCampusLife.com ~ sunherald.com ~ wkow.com |

#### **Television/Radio**

Sellers, D., Cavelier, K., & Brooke, L. I Am Able Podcast, 89.1 (Ames, IA) ~ Channel 7 (Hays, KS) ~ Channel 21 (Bend, OR) ~ Channel 13 (Topeka, KS) ~ Channel 49 (Topeka, KS) ~ KAIR (Atchison, KS) ~ KHCA

## Awards and Honors

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2025. Reaching All Iowans Award, Iowa State University Extension and Outreach, related to the efforts of the My Wellbeing work team, for “...*demonstrating a commitment to executing our vision and mission goals of reaching all Iowans enhancing efforts in programming, operations, and/or staffing.*”

2022. Inclusive Excellence Award, Iowa State University Extension and Outreach, for “...*demonstrating a commitment to enhancing efforts in programming, operations, and/or staffing to reach diverse and underrepresented populations, in addition to their assigned job duties*” (inaugural winner).

2021 (on behalf of ISU Extension and Outreach). Outstanding Service, Iowa State University Dietetic Internship Program, for demonstrating “...*commitment to the education and training of future Registered Dietitian Nutritionists.*”

2021. Spirit of Cy Award, Iowa State University Extension and Outreach, for exemplifying “...*what ISU Extension and Outreach stands for – passion, dedication, and a selfless commitment to our work.*”

2021. Over the Top! Exemplary COVID 19 Exceptional Effort Award, Iowa State University Extension and Outreach, related to the work of the Open for Iowa Work Team, and “...*translating and applying COVID-19 guidance for use throughout ISU Extension and Outreach.*”

2020. Mid-Career Service Award. Epsilon Sigma Phi, Alpha Mu, Iowa Chapter, and North Central Region, for “...*an experienced Extension professional who has consistently exhibited leadership and excellence in Extension program planning, delivery, evaluation, in program and/or administration for over 10 years and less than 20 years.*”

2015. Visionary Leadership Recognition. Epsilon Sigma Phi, Alpha Mu, Iowa Chapter, and North Central Region, for “*Extension professionals whose significant accomplishments have resulted in leading Extension forward in new directions...*”

2012. Faculty Extension Excellence Award. College of Human Ecology, Kansas State University, for the *Assistive Technology Program*, \$2,500.

2011. Faculty Development Award. Office of Research and Sponsored Programs, Kansas State University, for *Educators, Aging, and Transformation: Implications for the Cooperative Extension Service in the United States of America*, 14th Annual International Conference on Education, Athens, Greece, \$1,000.

2011. Epsilon Sigma Phi, Alpha Rho Chapter Travel Study Grant, for *Educators, Aging, and Transformation: Implications for the Cooperative Extension Service in the United States of America*, 14th Annual International Conference on Education, Athens, Greece, \$250.

2011. Katey Walker Extension Development Fund Award. Kansas State University, College of Human Ecology, for *Natural Disasters...What about the Animals? Fall 2011 Human-Animal Bond Conference*, \$200.

2009. Team Award. K-State Research and Extension, for the *Adult Development & Aging Program Focus Team*.

2009. Distinguished Team Award. Epsilon Sigma Phi, Alpha Rho, Kansas Chapter, for the *Adult Development & Aging Program Focus Team/K-State Research and Extension*.

2008. Katey Walker Extension Development Fund Award, with Jane Mertz Garcia. Kansas State University, College of Human Ecology, for the *Interactive Resource Directory for Individuals with Traumatic Brain Injury*, \$375.

2008. Horizon Award. Epsilon Sigma Phi, Alpha Rho, Kansas Chapter, for “...*early career professionals showing noteworthy enthusiasm, performance and accomplishment.*”

2008. Big 12 Fellowship Program. Office of the Provost, Kansas State University, for *Healthy Caregiving*. \$2,278.

2007. Elected as a Representative for the *eXtension National Launch, Ag Outlook Forum*, in Washington, D.C. in February 2008 by the eXtension National Family Caregiving Community of Practice.

2005. Faculty Travel Award, for the *Department of Human Development and Family Sciences*, Oregon State University-Corvallis.

2004. Efficiency Departmental Award. National HealthCare Corp., KS/MO Region.

2004. Innovative Programming Departmental Award. National HealthCare Corp., KS/MO Region.

2003. Selected for the Canine Companions for Independence® national calendar as a *facility team* that best represents the philosophy and mission of the organization.

2001. Community Awareness & Public Relations Award. State of Kansas Chapter of the National Association for Retarded Citizens, for *advocacy efforts*.

2001. Voted one of Manhattan, Kansas’ most admired people by *The Manhattan Mercury* for representing the ideals of the community.

## **Service**

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### **Professional**

2018 – 2023. Member, American Society on Aging Awards Committee.

2013 - 2023. Member, North Central Region Family and Consumer Sciences Leaders’ Committee; Association of Public & Land-grant Universities.

- 2021. Chair.
- 2020. Secretary.

2006 - 2025 Member, Epsilon Sigma Phi, Alpha Mu Chapter, Iowa State University; Alpha Rho Chapter, Kansas State University.

- 2018 – Present. Awards Committee Member, Alpha Mu Chapter.

- 2014 – 2015. Membership Chair, Alpha Mu Chapter.
- 2010 – 2012. Elected Secretary, Alpha Rho Chapter.

2022. Member, North Central Region Excellence in Extension Nomination Review Committee.

2019 – 2022. Reviewer, Journal of Extension.

2021. Member, Family and Consumer Sciences State Leaders' National Annual Conference Planning Committee; Association of Public & Land-grant Universities.

2019 - 2020. Member, Board on Human Sciences National Meeting Program Committee.

2018. Member, Family and Consumer Sciences State Leaders' National Annual Conference Planning Committee; Association of Public & Land-grant Universities.

2017. Reviewer, American Association of Family and Consumer Sciences, 2018 Annual Conference.

2017. Reviewer, International Association of Gerontology and Geriatrics, World Congress of Gerontology and Geriatrics, Late-breaker Poster Abstracts.

2015 - 2017. Co-chair and Member, National Expanded Food and Nutrition Education Program (EFNEP) Paraprofessional Supervision Committee, convened by the United States Department of Agriculture, National Institute of Food and Agriculture.

2009 - 2010. Invited Reviewer, United States Department of Agriculture, Cooperative State Research, Education, and Extension Service, Small Business Innovation Research Program, Rural and Community Development.

2009. Invited Reviewer, *Journal of Aging, Humanities, and the Arts*.

2009. Reviewer, American Society on Aging, Aging in America Annual Conference.

2009. Committee Member, National Extension Family Life Specialists Conference.

2008 - 2014. Member, eXtension Family Caregiving Community of Practice.

- 2011 - 2012. Executive Steering Committee Member.
- 2006 – 2014. Peer Reviewer.
- 2010. Past National Chair.
- 2009. Elected National Chair.
- 2008. Executive Committee Member.
- 2008. National Committee on Scholarship Member.
- 2006 – 2008. Health Content Committee Chairperson.

2007. Committee Member, National Extension Family Life Specialists Conference.

2006 - 2007. Committee Member, Priester National Extension Health Conference.

### ***Membership in Professional Societies***

- American Association of Family & Consumer Sciences
- American Society on Aging
- Epsilon Sigma Phi
- Gerontological Society of America
- National Extension Association of Family & Consumer Sciences

### **University**

2024 – 2025. Member, Iowa State University Let's Talk Money Institutional Team (Association of Land-Grant Universities Let's Talk Money iChange Network Cohort).

2024. Member, Human Resources Partner Search Committee, Iowa State University.

2024. Member, Senior Human Resources Partner Search Committee, Iowa State University.

2020 - 2025. Associate Deans for Academic Personnel Committee.

2022. Co-chair, Department Chair for Food Science and Human Nutrition Search Committee, Iowa State University (dually administered between the College of Agriculture and Life Sciences and College of Human Sciences).

2019 - 2020. Faculty Advisor. Iowa State University Waterski Club.

2018. Invited Member, University Wellbeing Leadership Alliance, Iowa State University.

2015. Nominated and appointed, Iowa State University Strategic Planning Sub-Committee, Economic Development and Service to Iowa.

2014 - 2017. Elected Member, Gerontology Advisory Board, Iowa State University.

- 2015 – 2017. Membership Committee.

2014 - 2016. Invited Member, Iowa Family Impact Seminar (IFIS) Advisory Committee, Iowa State University.

2013 - 2015. Member, Presidential Budget Advisory Committee, Iowa State University.

2013. Member, Vice President of Research Search Committee, Iowa State University.

2012. Member, University Library Committee, Kansas State University.

2011 - 2013. Elected Faculty Senator, Division of Cooperative Extension, Kansas State University.

- 2012. Member, Academic Affairs Committee of Faculty Senate, Kansas State University.

2008 - 2012. Member, K-State for All (Disability Awareness) Planning Committee, Kansas State University.

- 2010 & 2011. Coordinator, Assistance Dog Exhibition.

2008. Invited Member, New Faculty Institute Coordinator Search Committee, Center for the Advancement of Teaching & Learning, Kansas State University.

### **Extension and Outreach/College/Department**

2024 – 2025. Co-Chair, College of Health and Human Sciences Strategic Planning Sub-Committee for Student, Staff and Faculty Flourishing, Iowa State University.

2024 - 2025. Co-Chair, Department of Apparel, Events, and Hospitality Management Department Chair Search Committee, Iowa State University.

2023 - 2025. Artificial Intelligence Working Group, Iowa State University Extension and Outreach.

- Functioned as a team member to contribute to policy management, including the identification of best practices for using artificial intelligence responsibly to benefit stakeholders.

2020 - 2021. Open for Iowa, Iowa State University Extension and Outreach.

- Created and led a system-wide, interdisciplinary team to 1) reopen offices and in-person education in keeping with state and university guidance with health and safety as the primary concern and 2) mobilize to assist Iowa to recover from the events of the COVID-19 pandemic.

2020. Virtual Education Task Force, Iowa State University Extension and Outreach.

- Led the task force in identifying ISU Extension and Outreach's opportunities and challenges relative to virtual and online education.
- Provided oversight for the creation of two reports, one focused on short-term successes and challenges and one focused on how to position proactively the organization relative to the emerging needs of Iowans and required strategic investments.

2020. COVID-19 Recovery Implementation Committee, Iowa State University Extension and Outreach.

- Provided leadership to the committee, with a focus on prioritizing and mobilizing tactics for the identified recovery initiative areas, including: reviving the Iowa economy; supporting Iowans in improving financial security; engaging Iowans in improving food supply, safety, and access; expanding educational opportunities for youth; engaging Iowans in addressing mental health; and supporting efforts to increase access to quality child care.

2019. Chair, 4-H Positive Youth Development Program Leader Search Committee, Iowa State University Extension and Outreach.

2018 - 2019. Chair, Associate Dean for Undergraduate Academic Affairs Search Committee, College of Human Sciences, Iowa State University.

2018 - 2019; 2021. Co-Chair, Internal Communications Task Force, Iowa State University Extension and Outreach.

- Co-chaired the committee with a focus on determining how to improve communication within the organization to enhance the delivery of the mission.
- Engaged in four methods of feedback within the system.
- Provided a 215-page report with recommendations to the Vice President.
- In 2021, reconvened the committee to assess progress and provide a report to the Vice President.

- In 2024, upon request, shared structure, methodology, and analysis for replication across the Iowa State University Extension and Outreach system.

2016 - 2017. Member, LeBaron Hall Space Committee.

2014 - 2017. State Science and Technology Fair of Iowa, Junior High Judge.

2014. Chair, Senior Director of Iowa State University Extension and Outreach Search Committee, Iowa State University.

2014. Member, Human Resources Coordinator Search Committee, Iowa State University Extension and Outreach, Iowa State University.

2013 - 2016. Co-Chair, King and Moulton Pathways to College Initiative/ISU 4U Promise for Extension and Outreach, Iowa State University.

2013. Invited Member, Dementia and Personhood Conference Planning Committee, Center on Aging, College of Human Ecology, Kansas State University.

2012 - 2013. Tenure Mentor, Family Financial Planning Extension Specialist, School of Family Studies and Human Services, Kansas State University.

2012. Chair, Family Financial Planning Extension Specialist Search Committee, School of Family Studies and Human Services, Kansas State University.

2012. Invited Member, K-State 2025 Extension Committee, College of Agriculture/K-State Research and Extension.

2012. Invited Member, K-State 2025 Faculty and Staff Environment Committee, College of Human Ecology, Kansas State University.

2011 - 2013. Co-chair, Program Focus Team in Adult Development and Aging, K-State Research and Extension.

2011 - 2012. Invited Member, Website Design Team, K-State Research and Extension.

2008 - 2011. Member, Academic Standards Committee, College of Human Ecology, Kansas State University.

2008. Invited Member, Instructional Designer Search Committee, Department of Communications, K-State Research and Extension.

2008. Member, Planning Committee for the Family & Consumer Sciences Agent August Update, K-State Research and Extension.

2006 - 2009. Co-chair, Program Focus Team in Adult Development and Aging, K-State Research and Extension.

2004 - 2006. Faculty Advisor, Student Gerontology Association, Oregon State University-Cascades.

### ***Students***

#### Doctoral Committee, Outside Chair

2012. 1 student. Department of Special Education, Counseling and Student Affairs, Kansas State University.

#### Doctoral Committee, Member

2018 - 2022. 1 student, Human Development and Family Studies, Iowa State University.

2012 - 2013. 1 student, Family Studies and Human Services, Kansas State University.

#### Master's Committee, Member

2016 - 2018. 1 student, Human Development and Family Studies, Iowa State University.

2016 - 2017. 1 student, Human Development and Family Studies, Iowa State University.

#### Graduate Research Assistants

Summer 2019. 2 students, Iowa State University.

Spring 2019. 2 students, Iowa State University.

Spring - Fall 2018. 1 student, Iowa State University.

Fall 2016 - Fall 2017. 1 student, Iowa State University.

Summer 2016. 2 students, Iowa State University.

Spring 2016. 1 student, Iowa State University.

Fall 2015. 1 student, Iowa State University.

Fall 2011 - Fall 2012. 1 student, Kansas State University.

Summer 2011 - Fall 2011. 2 students, Kansas State University.

Spring 2008 - Fall 2009. 1 student, Kansas State University.

Fall 2006. 1 student, Kansas State University.

#### Interns and Honors Students

Fall 2011. 1 student, Practicum for FSHS 981, Kansas State University.

Fall 2008. 1 student, Honors Project, Kansas State University.

Fall 2007. 1 student, Intern for FSHS 580, Kansas State University.

Fall 2006. 1 student, Independent Project, Kansas State University.

#### Student Workers

Fall 2023 – Spring 2024. 1 student, Iowa State University.

Fall 2023. 1 student, Iowa State University.

Summer 2009. 2 students, Kansas State University.

Spring 2008. 3 students, Kansas State University.

Spring 2007. 1 student, Kansas State University.

### **Community**

2021 - 2024. Member, Institute for Clinical and Translational Science Stakeholder Advisory Board, University of Iowa.

2022 - 2023. Member, Healthy Iowans Partnership Steering Committee, Iowa Department of Public Health.

2000 - 2022. Volunteer/Puppy Raiser, Canine Companions for Independence®, Columbus, OH.

2021. Volunteer, Ames Animal Shelter, Ames, IA.

2018. Invited Member, Healthiest State Initiative, 5-2-1-0 Healthy Choices Count Strategic Planning Committee.

2013 - 2015. Volunteer, The Waterford at Ames Assisted Living, Ames, IA.

2013 - 2014. Member, Iowa Community Transformation Grant Advisory Committee, Iowa Department of Public Health.

2012. Invited Member, Chronic Disease Expert Group, Kansas Department of Health and Environment.

2010 - 2013. Volunteer, Council Grove Health Care Center, Council Grove, KS.

2010 - 2012. Invited Member, State Traumatic Brain Injury Advisory Board, Kansas Department of Social and Rehabilitative Services.

2010. Invited Member, Healthy Aging Policy Workgroup, Kansas Department of Health and Environment.

2008. Invited Member, Advisory Committee, Riley County Seniors' Service Center Senior University, Manhattan, KS.

2007 - 2010. Invited Member, State Arthritis Task Force, Kansas Department of Health and Environment.

2006 - 2009. Lions' Club, Council Grove, KS.

- 2008 - 2009. 1<sup>st</sup> Vice-President.
- 2007 - 2008. 2<sup>nd</sup> Vice-President.

2006 - 2008. Volunteer, Council Grove Health Care Center, Council Grove, KS.

2005 - 2006. Board Member, Central Oregon Council on Aging, Bend, OR.

2004 - 2005. Advisory Board Member, Central Oregon Council on Aging, Bend, OR.

2004 - 2006. Committee Member, Central Oregon Annual Gerontology Conference, Bend, OR.

2004 - 2006. Volunteer, Awbrey House Assisted Living Facility, Bend, OR.

2004. Volunteer, Big Lakes Developmental Center, Manhattan, KS.

2000 - 2001. Participant, United Way Speaker Bureau, Topeka, KS.

1992. Committee Member, Alzheimer's Association Memory Walk, Palatka, FL.